



Catechesis
of the
Good Shepherd

PARENT GUIDE

Catechesis of the Good Shepherd at Little Flower

THIS WEEK IN THE ATRIUM

The Mystery of Life and Death (John 12:24)

Today we studied the words of scripture from John 12:24: "Truly, truly, unless a grain of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds." In order to more fully understand this verse, we noted that Jesus said this to his disciples just before he entered His Passion. We studied three stages of wheat plantings (seeds, sprouting seeds, and plants). We pondered what abundant life looks like and considered what would happen if the seed did not die to produce more abundant life in the plant. If your child attended in person this week, we took a closer, hands-on look at wheat seeds, sprouted wheat seeds, and fully developed wheat seeds and, he/she took home their own wheat seeds planted in soil.



Consider with your Child:

- What is the source of life or eternal life?
- What are some other examples of death giving way to new life?

This Week:

- Water your wheat plantings and watch as the seed "dies" to give way to new life.
- Challenge your child to practice one act of sacrifice (or "dying to self") that brings joy or new life into another person's day.