



Catechesis  
of the  
Good Shepherd

# PARENT GUIDE

*Catechesis of the Good Shepherd at Little Flower*

## THIS WEEK IN THE ATRIUM

This week we discussed the season of Lent. Part of the discussion included what each of us could do during Lent to help us prepare for Easter. We can use the Virtues to help us prepare. Just as a reminder, the Atrium definitions are below.

**Prudence**- The virtue that pushes us to act wisely by choosing right paths.

**Justice**- The virtue that pushes us to give to everyone that which is rightfully theirs.

**Fortitude**- The virtue that pushes us to face any difficulty for a just cause.

**Temperance**- The virtue that keeps us from excessive desires and actions.

### Consider with your Child:

During this week, think about how you can find more time for prayer and conversations with Jesus during Lent.

### This Week:

Pick one virtue that you would like to grow in this Lent.

## CARDINAL VIRTUES

*Prudence*

*Justice*

*Fortitude*

*Temperance*