



Purpose 2.0 Notes: Session Fourteen

“Holiness consists simply in doing God’s will, and being just what God wants us to be.”
— St. Thérèse of the Little Flower

Dear Purpose 2.0 Parents:

Please use these notes to guide you through each week’s ALIVE session.

You can log in at: damascus.net/alive/

Video Format

Each week’s ALIVE session includes a video for your family to watch and engage in together to learn more about our Catholic Faith. These episodes challenge your family to **play, learn, pray, and discuss** together.

Play: Each ALIVE session begins with a short and spontaneous family game and short humorous videos to engage your family in laughter and fun together!

Learn: This core teaching segment communicates a core faith teaching in an engaging way to touch your minds and hearts.

Pray: This segment prompts families to engage in prayer in different ways.

Discuss: Discussion questions allow your family to engage in meaningful dialogue about the core faith teaching.

Resources

ALIVE Resource Guide: Accessible by clicking a button beneath each ALIVE video.

Previous Purpose 2.0 Notes: notes from past ALIVE sessions can be found at:
<https://littleflowertoledo.org/nextgen/middle-school/>

This Week’s Lesson - Session 14

We encourage you to focus on the **LEARN** segment of the **Session 14** video (core teaching). As you open the video, this section begins at **30:04 minutes**. As time and interest permits, we invite you to engage in the other sections of the video as you desire. We highly recommend viewing the segment that begins at 26:13 minutes. This is a short, yet powerful, witness on the Eucharist given by Amelia, a Catholic Youth Summer Camp participant.

After viewing the **LEARN** segment, please **DISCUSS** the following questions:

1. The Eucharist is a gift. What is the best gift you have ever received?
2. After viewing this video, share one way that you feel that you have a greater understanding of the Eucharist.
3. Pray this prayer together with your family:

Jesus, you gave it all for me.
You have never left or abandoned me.

You gave me the gift of Eucharist to be close to you.
I want to have a better understanding of you.
Allow me to be more aware of this beautiful gift you have given to me.
Allow me to be more aware of your presence in my life.
I love you, Jesus.
Amen.

IMPORTANT: After viewing each week's video, please scroll down and click on **MARK COMPLETE**. This will allow you to view the next week's video.