



## Purpose 2.0 Notes: Session Six

“Holiness consists simply in doing God’s will, and being just what God wants us to be.”  
— St. Thérèse of the Little Flower

Dear Purpose 2.0 Parents:

Please use these notes to guide you through each week’s ALIVE session.

You can log in at: [damascus.net/alive/](https://damascus.net/alive/)

### Video Format

Each week’s ALIVE session includes a video for your family to watch and engage in together to learn more about our Catholic Faith. These episodes challenge your family to **play, learn, pray, and discuss** together.

**Play:** Each ALIVE session begins with a short and spontaneous family game and short humorous videos to engage your family in laughter and fun together!

**Learn:** This core teaching segment communicates a core faith teaching in an engaging way to touch your minds and hearts.

**Pray:** This segment prompts families to engage in prayer in different ways.

**Discuss:** Discussion questions allow your family to engage in meaningful dialogue about the core faith teaching.

### Resources

**ALIVE Resource Guide:** Accessible by clicking a button beneath each ALIVE video.

**Previous Purpose 2.0 Notes:** notes from past ALIVE sessions can be found at:  
<https://littleflowertoledo.org/nextgen/middle-school/>

### This Week’s Lesson - Session 6

**If you have not had a chance to pick up your 100 Saints book, they are available in the Parish Office for pick up throughout the week.**

We encourage you to focus on the **LEARN** segment of the **Session 6** video (core teaching). As you open the video, this section begins at **15:20 minutes**. As time and interest permits, we invite you to engage in the other sections of the video as you desire. In particular, we encourage you to view the short, four-minute segment beginning at **28:20** minutes presented by Toledo native, Joseph Schlueter!

After viewing the **LEARN** segment, please **DISCUSS** the following questions:

1. We are called to live as priests, prophets, and kings. What are some ways you see yourself living out these roles in your life?
2. What struggles hold you back from living out these roles?