



Purpose 2.0 Notes: Session Five

“Holiness consists simply in doing God’s will, and being just what God wants us to be.”
— St. Thérèse of the Little Flower

Dear Purpose 2.0 Parents:

Please use these notes to guide you through each week’s ALIVE session.

You can log in at: damascus.net/alive/

Video Format

Each week’s ALIVE session includes a video for your family to watch and engage in together to learn more about our Catholic Faith. These episodes challenge your family to **play, learn, pray, and discuss** together.

Play: Each ALIVE session begins with a short and spontaneous family game and short humorous videos to engage your family in laughter and fun together!

Learn: This core teaching segment communicates a core faith teaching in an engaging way to touch your minds and hearts.

Pray: This segment prompts families to engage in prayer in different ways.

Discuss: Discussion questions allow your family to engage in meaningful dialogue about the core faith teaching.

Resources

ALIVE Resource Guide: Accessible by clicking a button beneath each ALIVE video.

Previous Purpose 2.0 Notes: notes from past ALIVE sessions can be found at:
<https://littleflowertoledo.org/nextgen/middle-school/>

This Week’s Lesson - Session 5

After all Masses over the weekends of Oct. 10 - 11 and Oct. 17 - 18, we will be distributing a book to each family called **Purpose: 100 Saints**. You may also pick up your family copy at the Parish Office during business hours. Stay tuned in future Purpose 2.0 Notes as to how we will use this book to introduce you and your child to our holy saints!

We encourage you to focus on the **LEARN** segment of the **Session 5** video (core teaching). As you open the video, this section begins at **16:25 minutes**. As time and interest permits, we invite you to engage in the other sections of the video as you desire.

After viewing the **LEARN** segment, please **DISCUSS** the following questions:

1. Have you ever tried to hide your faith? Why?
2. How can you let your light from baptism shine for others to see?
3. Who is someone you know who allows Jesus’ light to shine through them? Why do you think so?