



Purpose 2.0 Notes: Session Two

"Holiness consists simply in doing God's will, and being just what God wants us to be."
— St. Thérèse of the Little Flower

Dear Purpose 2.0 Parents:

Please use these notes to guide you through each week's ALIVE session.

Video Format

Each week's ALIVE session includes a video for your family to watch and engage in together to learn more about our Catholic Faith. These episodes challenge your family to **play, learn, pray, and discuss** together.

Play: Each ALIVE session begins with a short and spontaneous family game and short humorous videos to engage your family in laughter and fun together!

Learn: This core teaching segment communicates a core faith teaching in an engaging way to touch your minds and hearts.

Pray: This segment prompts families to engage in prayer in different ways.

Discuss: Discussion questions allow your family to engage in meaningful dialogue about the core faith teaching.

Resources

ALIVE Resource Guide: Accessible by clicking a button beneath each ALIVE video.

This Week's Lesson - Session 2

We encourage you to focus on the **LEARN** segment of the **Session 2** video (core teaching). As you open the video, this section begins at **25:54 minutes**. As time and interest permits, we invite you to engage in the other sections of the video as you desire.

After viewing the **LEARN** segment, please **DISCUSS** the following questions:

1. How do we make Jesus the center if we are so busy with other things?
2. Why does our family need to be a church if we go to Mass every Sunday?

IMPORTANT: As you prepare to view the Session 2 video, you will see a message that says you must go back and complete the previous Session 1 video. You do NOT have to complete this earlier video. Scroll down and click on **MARK COMPLETE**. You can then advance forward to view this week's video, Session 2. After viewing this week's Session 2 video, please click on **MARK COMPLETE**.

Access Damascus ALIVE at: damascus.net/alive/