



Opening Prayer

Eternal Father, accept my prayer as I desire to walk with Jesus in the final hours of His passion and death. Flood my soul with gratitude for the infinite mercy and love offered to me. Turn my heart from all sinfulness and ingratitude that I might return love for Love. May everything I say and do be done in union with Jesus, my Savior and Lord. Amen.



First Station: Jesus is condemned to death

- L:** We adore You, O Christ, and we praise You
All: Because by your holy Cross You have redeemed the world.
- L:** “The high priest put a second question to him saying, ‘Are you the Christ, the Son of the Blessed One?’ ‘I am,’ said Jesus, ‘and you will see the Son of man seated at the right hand of the Power and coming with the clouds of heaven.’ The high priest tore his robes and said, ‘What need of witnesses have we now? You heard the blasphemy. What is your finding?’ Their verdict was unanimous: he deserved to die” (Mk 14: 61-65)
- All:** Lord Jesus, you accepted the sentence of death for love of me. Expand my heart that my love for You will keep me always faithful to You. May I fear nothing more than the loss of Your friendship and love. Amen.



Second Station: Jesus Accepts His Cross

L: We adore You, O Christ, and we praise You

All: Because by your holy Cross You have redeemed the world.

L: “‘Here is your king,’ said Pilate to the Jews. But they shouted, ‘Away with him, away with him, crucify him.’ Pilate said, ‘Shall I crucify your king?’ The chief priests answered, ‘We have no king except Caesar.’ So at that Pilate handed him over to them to be crucified” (Jn. 19: 14-16).

All: Lord Jesus, You still carry Your cross today in all those Who are persecuted or who suffer in Your name. Help me to be aware of the sufferings of others and do all I can to support and console them. Amen.



Third Station: Jesus Falls the First Time

L: We adore You, O Christ, and we praise You

All: Because by your holy Cross You have redeemed the world.

L: “If the world hates you, you must realize that it hated me before it hated you. If you belonged to the world, the world would love you as its own; but because you do not belong to the world, because my choice of you has drawn you out of the world, that is why the world hates you. Remember the words I said to you: a servant is not greater than his master: (Jn. 15: 18-20).

All: Lord Jesus, you embraced suffering and ridicule in order to free us and to strengthen us in our struggle against sin. Keep me faithful to my baptismal commitment to live for You alone.



Fourth Station: Jesus Meets His Mother

L: We adore You, O Christ, and we bless you
All: For by Your holy cross You have redeemed the world.

L: “Near the cross of Jesus stood his mother and his mother’s sister, Mary the wife of Clopas, and Mary of Magdala. Seeing his mother and the disciple whom he loved standing near her, Jesus said to his mother, ‘Woman, this is your son.’ Then to the disciple he said, ‘This is your mother.’ And from that hour the disciple took her into his home” (Jn. 19: 25-27).

All: Lord Jesus, even as You suffered such cruelty and suffering, You generously reached out to care for us by entrusting us to Your mother. Help me to learn from her how to draw close to You in love.



Fifth Station: Simon Helps Jesus to Carry His Cross

L: We adore You, O Christ, and we bless you
All: For by Your holy cross You have redeemed the world.

L: “They led him out to crucify him. They enlisted a passer-by, Simon of Cyrene, who was coming in from the country, to carry his cross” (Mk. 15: 21).

All: Lord Jesus, help me to be mindful that in all my sufferings, I share the cross with You. Give me a selfless spirit that I might lighten the burdens of others and be a source of encouragement for them.



Sixth Station: Veronica Wipes the Face of Jesus

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and make you welcome, lacking clothes and clothe you? When did we find you sick or in prison and go to see you?” and the King will answer, ‘In truth I tell you, in so far as you did this to one of the least of these brothers of mine, you did it to me’” (Mt. 25: 37-40).
- All:** Lord Jesus, give me the courage to step out of the crowd when another is in need of my presence and support. Help me to be grateful for the people in my life who stand by me in my times of struggle. Amen.



Seventh Station: Jesus Falls the Second Time

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “Yet ours were the sufferings he was bearing, ours the sorrows he was carrying, while we thought of him as someone being punished and struck with affliction by God; whereas he was being wounded for our rebellions, crushed because of our guilt;...and we have been healed by his bruises” (Is. 53: 4-5).
- All:** Lord Jesus, You took on my weaknesses and guilt in order for me to experience the Father’s love and mercy. Help me to embrace my weaknesses that others may know Your strength through me. Amen.



Eighth Station: Jesus Meets the Women of Jerusalem

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “Large numbers of people followed him, and women too, who mourned and lamented for him. But Jesus turned to them and said, ‘Daughters of Jerusalem, do not weep for me; weep rather for yourselves and your children’” (Lk. 23: 27-28).
- All:** Lord Jesus, these women responded to Your brokenness and suffering. Open my eyes to see You in others who suffer because of my indifference, harsh words or acts of injustice.



Ninth Station: Jesus Falls the Third Time

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “Down in the dust I lie prostrate: true to your word, revive me. I tell you my ways and you answer me; teach me your wishes. Show me the way of your precepts, that I may reflect on your wonders. I am melting away for grief; true to your word, raise me up” (Ps. 119: 25-28).
- All:** Lord Jesus, You accepted to be weak, crushed, and profaned to free me from my sins. Help me to acknowledge my weaknesses and sins and look forward to my future resurrection with You. Amen.



Tenth Station: Jesus is Stripped of His Clothes

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “They gave him wine to drink mixed with gall, which he tasted but refused to drink. When they had finished crucifying him they shared out his clothing by casting lots” (Mt. 27: 34-35).
- All:** Lord Jesus, You stood exposed to the jeers and hatred of the very people You loved. Grant me Your grace when others hurt me, especially those closest to me. Strip me of all hatred and evil, and clothe me in Your love and goodness. Amen.



Eleventh Station: Jesus is Nailed to the Cross

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “When they reached the place called The Skull, there they crucified him and the two criminals, one on his right, the other on his left. Jesus said, ‘Father, forgive them; they do not know what they are doing’” (Lk. 23: 33-34).
- All:** Lord Jesus, it was Your deep love for me that bound You to the cross. Help me to live each day in this spirit of love even when the crosses of my daily life weigh down on me. May I unite my sufferings with Yours. Amen.



Twelfth Station: Jesus Dies on the Cross

L: We adore You, O Christ, and we praise You

All: Because by Your holy cross You have redeemed the world.

L: “It was now about the sixth hour and the sun’s light failed, so that darkness came over the whole land until the ninth hour. The veil of the Sanctuary was torn right down the middle. Jesus cried out in a loud voice saying, ‘Father, into your hands I commit my spirit.’ With these words he breathed his last” (Lk. 23: 44-46).

All: Lord Jesus, may I be united with you in life and death. May every breath I take be in union with You, and when I breathe my last may I be united with You for all eternity. Amen.



Thirteenth Station: The Body of Jesus is Taken Down from the Cross

L: We adore You, O Christ, and we praise You

All: Because by Your holy cross You have redeemed the world.

L: “When they came to Jesus, they saw he was already dead, and so instead of breaking his legs one of the soldiers pierced his side with a lance; and immediately there came out blood and water. After this, Joseph of Arimathea, who was a disciple of Jesus – though a secret one because he was afraid of the Jews – asked Pilate to let him remove the body of Jesus. Pilate gave permission, so they came and took it away” (Jn. 19: 33-34, 38).

All: Lord Jesus, You returned everything to the Father. May I live my life generously, returning all to You. Amen.



Fourteenth Station: Jesus is Laid in the Tomb

- L:** We adore You, O Christ, and we praise You
All: Because by Your holy cross You have redeemed the world.
- L:** “So Joseph took the body, wrapped it in a clean shroud and put it in his own new tomb which he had hewn out of the rock. He then rolled a large stone across the entrance of the tomb and went away” (Mt. 27: 59-60).
- All:** Lord Jesus, even when all seemed lost, You remain the source of all hope. Help us to place our hope and trust in You, knowing that You bring light out of darkness, hope out of despair, and life out of death. Amen.



Closing Prayer

Lord Jesus, nothing I say or do could ever repay You for the infinite love You have shown me in giving Your very life for me. May the journey I have walked with You through Your passion and death imprint Your love on my heart. May the life I live each day be a testimony to the world of Your merciful love and goodness. I ask all this in Your name. Amen.



Stations of the Cross